# L1.39: Deborah

## Judges 4:1-5

A woman named Deborah lived in the foothills of Ephraim. The Bible tells us that she was a prophetess and married a man named Lapidoth. Deborah lived during a time when an evil Canaanite king named Jabin ruled in the land. He and his powerful army persecuted the Israelites. Deborah and her people longed for relief from their cruel enemies.

#### **Discuss:**

- Deborah had faith in God and He gave her the help she needed to be a good judge. If we have faith, do you think God could use us to do amazing things?
- The people suffered greatly under the Canaanites. Why did God allow Israel to suffer? Remember, God promises that obeying Him brings blessings, but disobeying Him brings trouble (Deuteronomy 30:15–20).



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• The Bible says that the evil king Jabin had 900 chariots made out of iron! The Israelites were crying out to God for help! Have you ever asked God for help when you were scared? How can we know He will help us?

### **Memory Challenge:**

#### Judges 4:4-5

Now Deborah, a prophetess, the wife of Lapidoth, was judging Israel at that time. And she would sit under the palm tree of Deborah between Ramah and Bethel in the mountains of Ephraim. And the children of Israel came up to her for judgment.